



Schedule of Events 2019

Subject to change at the discretion of the Race Director

Tuesday / Wednesday May 7 and 8		
By appointment	Bike Check	Trilogy Cycles (see your Bike Manual for more information)
Thursday May 9		
09:00 am – 4.00 pm	Athlete registration	The J Theatre 60 Noosa Drive, Noosa Heads
Friday May 10		
7:30 am – 8.30 am	UltraMate Breakfast	The J Theatre 60 Noosa Drive, Noosa Heads
9:00 am – 1:00 pm	Athlete and crew briefings - Bike Course - Run Course - Swim Course - Question and Answer	



Saturday May 11		
5:15 am – 5:45 am	Stage 1 Swim – Check-in	Swim Start Area at Noosa Surf Lifesaving Club
5:50 am	Ceremonial Opening & Group Photo	
6:15 am	Stage 1 Swim – Start	
7:30 am	Stage 1 Bike – Check-in	Bike Start Area at Noosa SLSC Car Park
12:15 pm	Stage 1 Swim – Cut-off	Swim Finish Area at Noosa SLSC
6:15 pm	Stage 1 Bike – Cut-off	Bike Finish Area at Noosa SLSC
Sunday May 12		
5:00 am	Stage 2 Bike – Check-in	Bike Start Area outside Café Le Monde in Hastings Street
5:15 am	Stage 2 Bike - Stage Briefing	
5:25 am	Support Teams – Depart	
5:30 am	Stage 2 Bike – Start	
5:30 pm	Stage 2 Bike - Cut-off	Bike Finish Area at Noosa SLSC Car Park
Monday May 13		
5:00 am	Stage 3 Run – Check-in	Run Start Location at Noosa SLSC
5:15 am	Stage 3 Run - Stage Briefing	Noosa SLSC
5:30 am	Stage 3 Run – Start	Run Start Location at Noosa SLSC
5:30 pm	Stage 3 Run – Cut-off	Run Finish Location at Noosa SLSC
Tuesday May 14		
10:30 am	Awards Banquet Arrival Return Vests and Folders	Peppers Noosa Resort and Villas 33A Viewland Drive, Noosa Heads
11:15 am	Parade of Athletes	
Midday - 5:00 pm	Awards Banquet	

